



## Product List Updated – 29<sup>th</sup> May 2021

Shaw's Shop is open  
Tuesday to Saturday – 9am to 4pm

We also operate a 'click and collect' service for £2: If you would like to place an order please email a list of your requirements to [teamshawfruitandveg@gmail.com](mailto:teamshawfruitandveg@gmail.com) and a member of the team will reply with the next available slot. This will usually be available within 48 hours. Alternatively, if you are self-isolating and unable to collect from the gate, we can arrange a delivery for you at £4. If you would like to know any produce prices, please call 01507 327 395 as we are buying fresh produce daily and prices do changes from day to day.

### Set Boxes

Available to order for collection or delivery. Please allow 48 hour's notice for orders.



**Shaw's Choice £30**  
**+£2 Collection or**  
**£4 Delivery**

A wide selection of vegetables, fruit and salad.



**Standard Box £20**  
**+£2 Collection or**  
**£4 Delivery**

Includes loaf of Pocklington's bread, 1 doz medium eggs, potatoes, vegetables, salad and fruit



**Salad and Fruit Box £20**  
**+£2 Collection or**  
**£4 Delivery**

Includes pack of six bread buns, eggs, salad potatoes and a selection of salad and fruit

# Produce Lists

## Old Crop Potatoes

2.5kg / 5kg / 12.5kg / 25kg

Potatoes - Marfona

Potatoes – Sagitta

## Potatoes Other

Potatoes - Baking Washed

Potatoes - Salad Washed

Potatoes – Sweet

Potatoes – New Jersey Royal

Potatoes – New Cornish

## Vegetables

Asparagus

Aubergine

Baby Corn

Beetroot - Bunch

Broccoli - Calabrese

Broccoli – Sprouting

Butternut Squash

Cabbage (Spring)

Cabbage (Hard Red & White)

Cabbage Green (Portuguese Savoy)

Cabbage Green (Lancashire Primo)

Carrots - (Bunch)

Carrots - (Washed)

Cauliflower

Celeriac

Chicory - White

Chillies (Green or Red)

Courgette – Green

Fennel

Fine Beans 150g

Garlic

Ginger

Kale

Lemongrass

Leeks

Parsnips

Rhubarb Outdoor Local

Sugarsnap 150g

Swede

## Onions

Onions - Cooking

Onions - Red

Onions - Chile

Onions - Spring

Shallots – Round

Shallots - Banana

## Mushrooms

Mushroom - Chestnut

Mushroom – Portobello

Mushroom - Oyster

Mushroom - White Cup

Mushrooms - Wild

## Salad

Avocado

Beetroot cooked (4)

Celery

Corn - Cooked (2)

Cucumber

Lettuce – Cos English

Lettuce – Crisp

Lettuce - Iceberg

Lettuce - Flat

Lettuce - Little Gem (2)

Lettuce – Living Salad

Lettuce - Mixed Leaf Bag

Lettuce - Mixed Baby leaf

Peppers – R / Y / G / Or

Peppers – Sweet Red Long

Radish (pack of)

Radish (Bunch)

Rocket 100g

Salad Cress

Spinach - Baby leaf

Tomatoes (Cherry 250g pack)

Tomatoes (Cherry Vine Perfect)

Tomatoes (Std loose)

Tomatoes (Vine)

Tomatoes (Beef)

Tomatoes (Heritage)

Yorkshire Watercress

## Fruit

Apples – New Zealand Coxes

Apples - Bramley

Apples - Royal Gala

Apples - Pink Lady

Apples - Granny Smith

Apples - Golden Delicious

Apples - Braeburn

Apricots

Banana

Blueberries

Cherries - Spanish

Fresh Figs

Grapes Black / Red

Grapes Green

Grapefruit White

Grapefruit Ruby

Kiwifruit

Lemons

Limes

Mango

Melon – Honeydew

Melon – Water

Nectarines

Passionfruit

Peaches

Pear (Conference)

Pear (Williams)

Pineapples

Plums

Orange - Medium

Orange – Large

Raspberries

Satsumas (Easy Peel)

Strawberries 500g Dutch

## Fresh Herbs

Basil - 25g Packet

Chives - 25g Packet

Coriander – Bunch

Dill – 25g Packet

Parsley - Curly Leaf - Bunch

Parsley - Flat leaf - Bunch

Rosemary - 25g Packet

Sage - 25g Packet

Thyme - 25g Packet

## Eggs

Free Range - Medium

Free Range - Large

Free Range - Extra Large

Standard - Medium

Standard – Large

Duck Eggs

## Dried Fruits

Medjoul Dates £9.00 kg

Persian Dates £2.35

Tray dates £0.60

## Nuts in Shell

Californian Walnuts £4.75kg

Brazil Nuts £12.50

Hazelnuts £8.80

Monkey Nuts £9.00

Mixed Nuts £9.00

## Bakery

Myers Plum bread

## Pocklington's

See a full selection available from Pocklington's on our Retail Collections & Home Delivery Page. Available for pre-order only.

## Shropshire Spice Mixes

Jambalaya

Goan Curry

Swahili Curry

Stroganoff

## Shropshire Spice Stuffing

Wholemeal Parsley, Thyme & Lemon

White Sage & Roast Onion

Bread Sauce

Wholemeal Sage & Roast Onion

## Shipton Mill Organic Flour

Shipton Mill White – **Reduced £1**

Shipton Mill Three Malts & Sunflower

Shipton Mill White Spelt

Shipton Mill Wholemeal

Shipton Mill Seeded White

## Wessex Mill Flour

Wessex Mill Tomato & Garlic

Wessex Mill Six Seed (1.5kg)

Wessex Mill Self Raising (1.5kg)

Wessex Mill French Bread Flour (1.5kg)

Wessex Mill Plain Flour (1.5kg)

Wessex Mill Strong White Bread Flour

Wessex Mill Wholemeal Bread Flour

Wessex Mill Pasta & Pizza Flour

Allinson Easy Bake Yeast £1.49

Marriages Strong Malted Bread Flour

## Kallo Stock Cubes £1.90

Organic Beef

Organic Chicken

Organic Vegetable

## Condiments

Colman's Mustard £1.39

Hellman's Mayo £2.75

Hellman's Light Mayo £2.99

Heinz Salad Cream £2.35

Heinz Ketchup £2.19

HP Sauce £2.00

Mary Berry Salad Dressing £2.99

Mary Berry Caesar Dressing £2.99

Sliced Beetroot Baxters £1.19

Baby Beetroot Baxters £1.19

Sliced Beetroot Thurston's £1.25

Pickled Onions Thurston's £1.25

Whole Gherkins Thurston's £1.25

## Mr Organics

Passata £1.70

Chick Peas £1.30

Butter Beans £1.15

Chopped Tomatoes £1.15

Lentils £1.20

Red Kidney Beans £1.20

Pasta Sauce – Bolognese £2.50

Pasta Sauce – Arrabbiata £2.50

Pasta Sauce – Basil £2.50

Pesto £3.85

Mr Organics Porcini Tortellini £4.30

Mr Organics Vegetable Tortellini £4.30

## Tiptree

Old Times Marmalade £3.10

No Peel Marmalade £2.65

Lemon Curd £2.95

Strawberry Conserve £3.25

Hot Gooseberry Chutney £2.50

## Mrs Darlington's

Creamed Horseradish Sauce £2.10

Mint Sauce £2.10

Tartare Sauce £2.10

French Mustard - £2.60

Bramley Apple Sauce £2.45

## Saints & Sinners

### Jams £3.65

### Chutney £3.95

Jam - Victoria Plum Jam

Jam - Spiced Plum

Jam – Raspberry & Gin

Jam – Blackberry & Elderflower

Jam – Champagne & Strawberry

Jam – Cherry & Kirsch

Jam – Rhubarb & Orange Blossom

Jam - Blackcurrant

Tipsy St Clements Marmalade

Pink Gin Marmalade

Chutney - Tomato & Apple

Chutney - Apple, Date & Ginger

Chutney – Beetroot

Chutney – Spiced Apple Chutney

Chutney - Piccalilli

Cranberry Sauce £3.50

Redcurrant Jelly £3.25

Cider Wholegrain Mustard

## Cooking Ingredients

Aspall White Wine Vinegar £1.75

Aspall Red Wine Vinegar £1.75

Table Vinegar £1.29

Skidbrooke Cider Vinegar £1.35

Balsamic Vinegar £3.65

Maldon Sea Salt £2.95

Table Salt 59p

Rapeseed Oil 500ml - £4.50

Sunflower Oil ltr £1.89

Vegetable Oil - 1 ltr £1.69

Olive Branch Extra Virgin Olive Oil £7.45

Extra Virgin Olive Oil 250ml £2.49  
Olive Oil 250ml £2.49  
Goose Fat £3.25  
Cornflour 90p  
Beansprouts (Tins) £1.52  
Blue Dragon Coconut Milk £2.10  
Blue Dragon Sweet Chilli Sauce £1.65  
Colmans Parsley Sauce 75p  
Colmans Cheddar Cheese Sauce 75p  
Colmans White Sauce 75p  
Colmans Chilli Con Carne 89p  
Colmans Beef Casserole 89p  
Shepherds Pie Mix 99p  
Pulled Pork Gourmet Sauce Mix £1.50  
Sharwoods Bean & Red Pepper Sauce  
Sharwoods Sweet & Sour Sauce £1.99  
Amy Light Soy Sauce £1.59  
Lea & Perrins £1.59  
Garlic Puree £1.25  
Garlic Paste £1.20  
Beef Atora £2.39  
Bisto Beef Granuals £1.69  
Bisto Chicken Granuals £1.69  
Beef Oxo Cubes £1.69  
Chicken Oxo Cubes £1.69  
Pearl Cous Cous £1.80  
Uncle Bens Long Grain Rice £1.55  
Spaghetti Pasta £1.40  
Fuselli Pasta £1.40

### **Baking**

Golden Syrup £1.49  
Demerara Sugar £1.00  
Granulated Sugar 1kg 99p  
Caster Sugar 1kg £1.99  
Light Brown Sugar 500g £1.39  
Icing Sugar £1.09  
Cad Drinking Chocolate £1.99

### **Free & Easy Organic Tins**

Lentil & Red Pepper Soup NEW  
Carrot & Coconut £2  
Pea & Mint £2  
Butternut Squash & Ginger £2  
Broccoli & Kale £2  
Three Bean Chilli £2.40  
Sweet Potato, Coconut & Kale Curry  
£2.40

### **Other**

Semi Skimmed Milk Long Life £1  
Local Honey £3.80  
Whole Earth Peanut Butter £4.00

### **Tinned Products**

Heinz Baked Beans 95p  
Tins Marrowfat Peas 79p  
Garden Peas 99p  
Mushy Peas 79p  
Green Giant Sweetcorn 340g 99p  
Green Giant Sweetcorn 165g 80p  
Heinz Mushroom Soup £1.09  
Heinz Chicken Soup £1.00  
Heinz Tomato Soup 95p  
Heinz Vegetable Soup £1.09  
Tuna in Oil £1.49  
Tuna in Brine £1.49  
Princes Corned Beef £3.19  
Princes Ham £1.79

### **Mezze - All £1.25**

Green Olives – Pitted  
Green Olives- Stuffed with Pimento  
Black Olives - Pitted  
Roasted Red Peppers  
Sliced Jalapenos – Red  
Jalapeño & Olive Salad  
Sundried Tomatoes  
Whole Gherkins  
Capers

### **Maretti Bruschette**

Garlic £1  
Pesto £1

### **Cheeseboard & Picnic**

Nairns Cheese Oat Cakes £1.85  
Nairns Oat Rough Cakes £1.50  
Carr's Selection Box £4.25  
Jacobs Cream Crackers £1.39  
Nibble Sticks Quinoa & Rosemary £1.45  
Cheese Straws with Mediterranean Style  
Herbs £3.00  
Hummus with Herbs £1.60  
Classic Hummus £1.60

### **Sweet Store Cupboard**

Tins Ambrosia Custard £1.09  
Tins Ambrosia Rice Pudding £1.09  
Caramel Carnation  
Condensed Milk £1.99  
Evaporated Milk 410g £1.09  
Nestle Extra Thick Cream 99p  
Fruit Cocktail £1.69  
Pear Halves £1.49  
Pineapple Slices  
Birds Custard Powder £1.59  
Hartleys Jellies; Raspberry 79p  
Hartley's Raspberry Jam £1.69  
Hartley's Apricot Jam £1.59  
Blancmange Strawberry 35p  
4 Meringue Nests £2.80  
6 Meringue Peaks £1.55

### **Alvingham Coffee 250g £4.50**

Ground Coffee  
Coffee Beans

### **Hot Drinks**

Yorkshire Tea £2.99  
PG Tips £2.65  
Nescafe Coffee 230g £3.80  
Kenco Decaf 100g £3.79  
Unsweetened Cappuccino £2.50

### **Robinsons Cordials**

Summer Fruits £1.49  
Orange & Pineapple £1.49  
Apple & Blackcurrant £1.49  
Orange £1.65

### **Belvoir Fruit Farms Drinks**

Elderflower Presse £3.25  
Raspberry & Lemon £4.95  
Elderflower Cordial £4.95  
Blueberry & Blackcurrant cordial £4.95

### **Other Drink**

Cawston Press Squeezed Orange £3.20  
Fentimans Tonic Water £2.40  
2ltr Diet Lemonade Barr's £1  
2ltr Schwepps Lemonade £1.49  
330ml Cans Coke 65p

### **Hider Nuts**

Almond Kernels  
Fruit & Nut Mix  
Brazil Nuts  
Walnut Halves  
Milk Chocolate Peanuts  
Cashew Nuts Salted

### **Big Bags Crisps - £1.45**

Party Mix - Jalapeno & Sour Cream 125g  
Party Mix - Salt & Vinegar  
Cheese Balls

### **Pipers Crisps**

Sea Salt 150g & 40g  
Cheddar & Onion 40g & 150g  
Salt & Vinegar 40g & 150g  
Black Pepper 40g  
Wild Thyme & Rosemary 40g  
Beef 40g  
Jalapeno & Dill 40g  
Sweet Chilli 40g

### **Jakemans £1.40 100g**

Throat & Chest  
Soothing Menthol  
Cherry Mentol  
Honey & Lemon

### **£1 Bags of Sweets**

Liquorice Mix  
Chocolate Peanuts  
Chocolate Raisins  
Dolly Mix  
Wine Gums  
Midget Gems  
Gummy Mix  
Fruit Pastilles  
Assorted Toffee  
Mint Imperials  
Jargonelle Pears  
Dolly Mixture  
Mint Humbugs £1.25  
Cinder Toffee £1.25

### **Treats**

Dairy Milk Fruit & Nut £1.00  
Dairy Milk Chop Nut £1.00  
Dairy Milk Caramel £1.00  
Green & Blacks Milk Choc £2.35  
Green & Blacks Dark 80% £2.35  
Mars Bars 65p  
Twirls 60p  
Kit Kat Chunky 60p  
Kit Kat Chunky (4 Pack) £1.00  
KitKat (4) 60p  
Freddo 25p  
Snickers 60p  
Bounty 35p  
Smarties 60p  
Twix 25p  
Mrs Crimbles Big Choc Macaroons

### **Cereals**

Country Products Porridge Oats £4.40  
850g  
Deliciously Ella Bircher Muesli £4.80  
Jordan's Country Crisp £2.69

### **Cake**

Grandma Wild Lemon Drizzle  
Grandma Wild Stem Ginger  
Grandma Wild Farmhouse Fruitcake  
Grandma Wild Cherry Bakewell Cake

### **Biscuits**

Grandma Wilds Ginger Crunchies  
Grandma Wilds Fruit & Lemon  
Crunchies  
Grandma Wilds Chocolate Chip  
Grandma Wild Giant Rhubarb Crumble  
Grandma Wilds Shortbread Biscuits  
Grandma Wilds Double Choc Chip Giant  
Cookies  
Grandma Wilds Stem Ginger & Lemon  
McVites Digestives  
McVites Milk Chocolate Digestives  
McVites Chocolate Hob Nobs  
McVites Rich Tea  
Broken Variety Biscuits (Red Bag)  
Jaffa Cakes (Blue Bag)  
Broken Chocolate Biscuits (Purple Bag)

### **Tubs of Vinegar**

5ltr Malt Vinegar  
5ltr Spiced Vinegar  
5ltr Distilled Malt Vinegar (White)  
2.5ltr Malt Vinegar  
2.5ltr Malt Vinegar Spiced  
2.5ltr Red Wine Vinegar  
2.5ltr English Cider Vinegar

### **Bargain Basket**

Dr Pepper 330ml 25p  
(Out of Date Dec 2020)

Onions Rings 50p  
(Out of Date End May 2021)

Twix 25p  
(Out of Date July 2021)

Bounty 35p  
(Out of Date July 2021)

### **Bird Feed**

1.6kg Bird Seed  
20kg Bird Seed  
1.6kg Bird Nuts  
20kg Bird Nuts  
1kg Sunflower Hearts (Grey)  
1kg Sunflower Seeds (Black)  
1kg Nyjer Seed  
1 x 6 Fat Balls  
1 x 50 Fat Balls  
Fat Feasts  
Coconut Halves  
Mealworms 75g £1

### **Paper Products**

1 x 4 Toilet Roll  
1 x 4 Kitchen Roll  
1 x 9 Toilet Roll  
1 Individual Kitchen Roll

**Disposables**

Large Kitchen Foil £1.39  
Small Kitchen Foil £1.00  
Baking Parchment £1.49  
Cling Film £1.00  
Black Bin Liners £1  
Swing Bin Liners £1  
Pedal Bin Liners £1

**Cleaning Products**

Fairy Washing Up Liquid £1.29  
Easy Washing Up Liquid 60p  
Fairy Dishwasher Tablets £3.49  
Finish Rinse Aid £2.50  
Astonish Handwash £1.00  
Easy Antibacterial £1.00  
Astonish Window & Glass £1.00  
Astonish Bathroom £1.00  
Astonish Oven Cleaner £1.00  
Zoflora £2.00  
Easy Bleach 60p  
Domestos £1.00  
Duck Toilet Cleaner £1.29  
Cif £1.49  
Astonish Stain Remover £1.00  
Comfort £1.99  
Daz £2.49  
Drain & Pipe Unblock £1.00  
Fly Spray £1.49  
Pledge £1.99  
Air Wick £1.29

**Heating!**

Red Nets of Sticks  
Small bag of Sticks  
10kg Smokeless Briquettes  
20kg Smokeless Briquettes  
Firelighters 95p

**Green Cuisine Herbs & Spices 75p**

Barbeque Seasoning Mix  
Basil  
Bay Leaves  
Bouquet Garni  
Cajun Spices  
Caraway Seed  
Cardamon Ground  
Cardamon Whole  
Cayenne Pepper  
Celery Salt  
Celery Seed  
Chervil  
Chicken Seasoning  
Chillies Crushed  
Chillies Ground  
Chillies Whole  
Chinese Five Spice  
Cinnamon Ground  
Cinnamon Sticks  
Cloves Ground  
Cloves Whole  
Coarse Sea Salt  
Coriander Ground  
Coriander Seed  
Cumin Ground  
Cumin Seed  
Curry Powder Hot  
Curry Leaves  
Curry Powder Mild  
Dill Leaves  
Dill Seed  
Fajita Seasoning  
Fennel Seed  
Fenugreek Ground  
Fenugreek Leaves  
Fenugreek Seed  
Garam Masala  
Garlic Chips  
Garlic Salt  
Ginger Ground  
Herbs de Provence  
Himalayan Rock Salt  
Juniper Berries  
Korma Mix  
Lime Leaves  
Marjoram

Mint  
Mixed Herbs  
Mixed Spice  
Mustard Seed Black  
Mustard Seed Yellow  
Nutmeg Ground  
Nutmeg Whole  
Onion Seed  
Oregano  
Paprika  
Paprika Smoked  
Parsley  
Pepper Coarse Ground Black  
Pepper Cracked Black  
Pepper Ground Black  
Pepper Ground White  
Peppercorns Black  
Pickling Spice  
Poppy Seeds  
Rosemary  
Sage  
Sesame Seed  
Star Anise  
Tagine  
Tarragon  
Thyme  
Tikka Masala  
Turmeric