



Product List Updated – 23rd January 2021

We are currently operating an order and collect service. If you would like to place an order please email a list of your requirements to teamshawfruitandveg@gmail.com and a member of the team will reply with the next available slot. This will usually be available within 48 hours. Alternatively, if you are self-isolating and unable to collect from the gate, we can arrange a delivery for you. If you would like to know any prices, please call 01507 327 395 as we are buying fresh produce daily and prices do changes from day to day.

Set Box of the Month – January 2021

For January we have put together this hamper of fresh greens, cooking ingredients and fruit to give your 2021 a healthy start! Available to order for collection or delivery. Please allow 48 notice for orders.

£30



Full contents include

6 Medium Eggs, 4 Jacket Potatoes, 750g Carrots, 500g Red Onions, 1 Broccoli, 2 Leeks, 1 Red Pepper, 1 Yellow Pepper, 250g Mushrooms, 2 Courgettes, 1 Butternut Squash, 1 bag Spinach, 2 Red Chillies, 1 Garlic, 1 Ginger, 1 PP Sugarsnaps, 1 PP Babycorn, 1 Pakchoi, 1 Iceberg, 4 Tomatoes, 1 Cucumber, 1 Celery, 2 Grapefruit, 1 Honeydew Melon, 4 Apples, 4 Pears, 4 Bananas, 4 Satsumas and 500g Grapes.

Wherever produce isn't available we will substitute items so that value of goods still the same.

Set Boxes

Available to order for collection or delivery. Please allow 48 notice for orders.



Standard Box

Includes loaf of Pocklington's bread, 1 doz medium eggs, potatoes, vegetables, salad and fruit

£20.00



Salad and Fruit Box

Includes pack of six bread buns, eggs, salad potatoes and a selection of salad and fruit

£20.00



Pocklington's Hamper

1 Large steak & ale pie, 1 x 2 sausage rolls, 1 Traditional Plumbread, 1b Pork Pie, 1 Small Farmhouse Sliced, 1 Small Multiseed Sliced, 1 x 4 Hot Cross Brioche, 1 x 6 White Rolls, 1 x 6 Brown Rolls & 1 Lemon Sponge

£23.99



Pocklington's Vegan Hamper

1 Vegetable Quiche, 2 Veg Balti Pies, 2 x Vegan Sausage Rolls, 1 x 4 Strawberry Tarts, 1 x 4 Viennese Mince Pies, 1 Traditional Plumbread, 1 Small Farmhouse Sliced, 1 Small Multiseed sliced, 1 Pack Teacakes and 2 Apple Puffs

£23.99

Stock of the Week



Seville Oranges



Italian Blood Oranges



Yorkshire Triangle Rhubarb



Shipton Mill Flour



Meringue Nests



Jakemans Sweets

Produce Lists

Potatoes

2.5kg / 5kg / 12.5kg / 25kg

Potatoes - Marfona

Potatoes - Melody

Potatoes - Maris Piper

Potatoes – Sagitta

Potatoes - Stemster (Reds)

Potatoes- Mozart (Reds)

Potatoes Other

Potatoes - Baking Washed

Potatoes - Salad Washed

Potatoes – Sweet

Potatoes- New Italian Scrapers

Onions

Onions - Cooking

Onions - Red

Onions - Spanish

Onions - Spring

Shallots - Banana

Shallots – Round

Salad

Avocado

Beetroot cooked (4)

Celery

Corn - Cooked (2)

Cucumber

Lettuce - Crisp

Lettuce - Iceberg

Lettuce - Flat

Lettuce - Little Gem (2)

Lettuce - Mixed Leaf Bag

Lettuce - Mixed Baby leaf

Peppers – R / Y / G / Or

Radish (pack of)

Rocket 100g

Salad Cress

Spinach - Baby leaf 100g

Tomatoes (Cherry packed)

Tomatoes (Cherry Vine Perfect)

Tomatoes (Std loose)

Tomatoes (Vine)

Tomatoes (Beef)

Vegetables

Aubergine

Baby Corn

Beansprouts

Beetroot Raw Loose

Broccoli - Calabrese

Broccoli - Sprouting

Brussel Sprouts - loose & stalks

Butternut Squash

Cabbage (Hispi Pointed)

Cabbage (Red)

Cabbage (Savoy)

Cabbage (White)

Carrots - (Bunch)

Carrots - (Washed)

Carrots (Dirty)

Cauliflower

Celeriac

Chillies (Green or red)

Chinese Leaf

Courgette

Fennel

Fine Beans 150g

Garlic

Ginger

Kale

Leeks

Mangetout 150g

Mushroom - Chestnut

Mushroom - Flat

Mushroom - Portobello

Mushroom - White Cup

Parsnips

Pak Choi

Rhubarb

Sugarsnap 150g

Swede

Eggs

Free Range - Medium

Free Range - Large

Free Range - Extra Large

Standard - Medium

Standard – Large

Duck Eggs

Fresh Herbs

Basil - 25g Packet

Chives - 25g Packet

Coriander - Bunch

Parsley - Curly Leaf - Bunch

Parsley - Flat leaf - Bunch

Rosemary - 25g Packet

Sage - 25g Packet

Thyme - 25g Packet

Fruit

Banana

Apples - Bramley

Apples - Coxes (UK)

Apples - Royal Gala

Apples - Pink Lady

Apples - Granny Smith

Apples - Golden Delicious

Apples - Braeburn

Apples - Russet (UK)

Apples - Red Delicious

Blueberries

Grapes Black / Red

Grapes Green

Kiwifruit

Lemons

Limes

Melon – Honeydew

Melon - Water

Pear (Conference)

Pineapples

Plums

Grapefruit (Ruby)

Grapefruit (Yellow)

Nadorcotts (Easy Peel)

Orange - Medium

Orange – Large

Orange – Seville Marmalade

Oranges - Blood

Pomegranates

Raspberries

Rhubarb Yorkshire Triangle

Strawberries

Dried Fruits

Medjoul Dates	£9.00 kg
Persian Dates	£2.35
Tray dates	£0.60
Dried Figs	£1.50

Nuts in Shell

Californian Walnuts	£4.75kg
Brazil Nuts	£12.50
Hazelnuts	£8.80
Monkey Nuts	£9.00
Mixed Nuts	£9.00

Pocklington's Bakery

See a full selection available from Pocklington's on our Retail Collections & Home Delivery Page.

Shropshire Spice Mixes

Jambalaya
Goan Curry
Swahili Curry
Stroganoff

Shipton Mill Organic Flour

Shipton Mill White
Shipton Mill Three Malts & Sunflower
Shipton Mill White Spelt
Shipton Mill Wholemeal
Shipton Mill Seeded White

Wessex Mill Flour

Wessex Mill Tomato & Garlic	
Wessex Mill Six Seed (1.5kg)	
Wessex Mill Self Raising (1.5kg)	
Wessex Mill French Bread Flour (1.5kg)	
Wessex Mill Plain Flour (1.5kg)	
Wessex Mill Strong White Bread Flour	
Wessex Mill Wholemeal Bread Flour	
Wessex Mill Pasta & Pizza Flour	
Marriages Malted Seeded Bread Flour	
Allinson Easy Bake Yeast	£1.49

Shropshire Spice Stuffing

Wholemeal Parsley, Thyme & Lemon
White Sage & Roast Onion
Bread Sauce
Wholemeal Sage & Roast Onion

Condiments

Colman's Mustard
Hellman's Mayo
Hellman's Light Mayo
Heinz Salad Cream
Heinz Ketchup
HP Sauce
Mary Berry Salad Dressing
Mary Berry Caesar Dressing
Greek Salad Dressing 250ml - £3.45
Sliced Beetroot

Mr Organics

Passata
Chick Peas
Butter Beans
Chopped Tomatoes
Lentils
Red Kidney Beans
Pasta Sauce - Bolognese
Pasta Sauce - Basil
Pasta Sauce - Arrabbiata
Mr Organics Vegetable Tortellini

Saints & Sinners

Jams £3.40

Chutney £3.70

Jam - Blackberry & Elderflower	
Jam - Cherry & Kirsch	
Jam - Christmas Strawberry, Cranberry & Prosecco	
Jam - Gooseberry	
Jam - Victoria Plum Jam	
Jam - Blackcurrant	
Jam - Winter Spiced Plum	
Jam - Raspberry & Gin	
Scrumpy Marmalade	
Tipsy St Clements Marmalade	
Chutney - Cheeseboard	
Chutney - Onion	
Chutney - Piccalilli	
Chutney - Tomato & Apple	
Chutney - Apple, Date & Ginger	
Chutney - Boxing Day	
Chutney - Beetroot	
Redcurrant Jelly	£2.70
Cranberry Sauce	£3.50

Tiptree

Old Times Marmalade
No Peel Marmalade
Lemon Curd
Strawberry Conserve
Hot Gooseberry Chutney

Kallo Stock Cubes £1.90

Organic Beef
Organic Chicken
Organic Vegetable

Cooking Ingredients

Aspall White Wine Vinegar	£1.75
Aspall Red Wine Vinegar	£1.75
Table Vinegar	£1.29
Skidbrooke Cider Vinegar	£1.35
Maldon Sea Salt	£2.95
Table Salt	59p
Rapeseed Oil 500ml -	£4.50
Sunflower Oil 500ml	99p
& 1 ltr	£1.89
Vegetable Oil - 1 ltr	£1.69
Extra Virgin Olive Oil 250ml	£2.49
Olive Oil 250ml	£2.49
Goose Fat	£3.25
Blue Dragon Coconut Milk	£1.99
Blue Dragon Sweet Chilli Sauce	£2.79
Colmans Parsley Sauce	75p
Colmans Cheddar Cheese Sauce	75p
Colmans Onion Sauce	75p
Colmans Chilli Con Carne	89p
Colmans Beef Casserole	89p
Shepherds Pie Mix	99p
Pulled Pork Gourmet Sauce Mix	£1.50
Sharwoods Bean & Red Pepper Sauce	
Sharwoods Sweet & Sour	£1.99
Amoy Soy Sauce	£1.59
Garlic Puree	£1.25
Tomato Puree	£1.00
Beef Atora	£2.39
Paxo Stuffing	£1.00
Bisto Beef Granuals	£1.69
Bisto Chicken Granuals	£1.69
Beef Oxo Cubes	£1.69
Chicken Oxo Cubes	£1.69
Pearl Cous Cous	£1.80
Uncle Bens Basmati Rice	£1.99
Uncle Bens Long Grain Rice	£1.55

Spaghetti Pasta £1.40

Fuselli Pasta £1.40

Baking

Granulated Sugar 1kg 99p

Caster Sugar 1kg £1.99

Demerara Sugar 500g £1.00

Light Brown Sugar 500g £1.39

Icing Sugar £1.09

Bournville Cocoa £1.99

Cad Drinking Chocolate £1.99

Cad Instant Drinking Choc £2.50

Baking Powder £1.00

Lemon Jif £1.39

Golden Syrup £1.49

Robertson Mincemeat £1.99

Tinned Products

Heinz Baked Beans 95p

Tins Marrowfat Peas

Mushy Peas

Garden Peas

Green Giant Sweetcorn 285g & 165g

Heinz Mushroom Soup

Heinz Chicken Soup

Heinz Tomato Soup

Princes Corned Beef

Princes Ham

Fray Bentos Beef & Onion Pie

Tuna Chunks in Brine

Tuna Chunks in Sunflower Oil

Free & Easy Organic Tins

Carrot & Coconut £2

Pea & Mint £2

Butternut Squash & Ginger £2

Sweet Potato & Chia Seeds £2

Broccoli & Kale £2

Chickpea & Bean Tagine £2.30

Three Bean Chilli £2.30

Mezze - All £1.25

Green Olives

Jalapeno & Olive Salad

Roasted Red Peppers

Sliced Jalapenos – Red or Green

Sundried Tomatoes

Mini Gherkins

Capers

Maretti Bruschette

Garlic £1

Pesto £1

Other

Semi Skimmed Milk Long Life £1

Local Honey £3.80

Sweet Store Cupboard

Tins Ambrosia Custard

Tins Ambrosia Rice Pudding

Caramel Carnation

Condensed Milk

Evaporated Milk 170g & 410g

Nestle Extra Thick Cream

Fruit Cocktail

Pear Halves

Peach Halves

Birds Custard Powder

Hartleys Jellies; Strawberry, Orange &

Raspberry

Hot Drinks

Yorkshire Tea

PG Tips

Peppermint

Nescafe Coffee

Kenco Decaf

Alvingham Coffee

Ground Coffee

Coffee Beans

Other Drink

Fentimans Tonic Water 500ml £2.29

Fentimans DNB 275ml £1.60

Diet Coke 500ml £1

Sparkling Water 500ml 65p

2ltr Irn Bru

1.75lt Coke

1.75lt Diet Coke

2ltr DNB

2ltr Lemonade Barr's

Robinsons Cordials

Summer Fruits

Orange & Pineapple

Apple & Blackcurrant

Orange

330ml Cans 65p

Coke

Diet Coke

Pepsi

Pepsi Max

Dr Pepper

Sprite

Belvoir Fruit Farms Drinks

Elderflower Presse £3.25

Raspberry & Lemon £4.95

Elderflower Cordial £4.95

Blueberry & Blackcurrant £4.95

£1 Bags of Sweets

Liquorice Mix

Chocolate Peanuts

Chocolate Raisins

Dolly Mix

Gummy Mix

Wine Gums

Midget Gems

Fruit Pastilles

Jelly Babies

Assorted Toffee

Mint Imperials

Jargonelle Pears

Naughty Corner

Dairy Milk £1.00

Dairy Milk Fruit & Nut £1.00

Dairy Milk Chop Nut £1.00

Dairy Milk Caramel £1.00

Dairy Milk Medley £1.00

Bournville 180g £2.29

Green & Blacks Dark 80% £2.45

Twirls 55p

Daim Bars 75p

Cadbury Dark Milk 75p

Snickers 65p

Smarties 2 for £1

Love Hearts 30p

Mars Bars 65p

Freddos 25p

Kit Kats 2 for £1

Milky Bars 25p

Bounty 60p

Milky Way 25p

Mini Marshmallow £2.75

Mrs Crimbles Big Choc Macaroons

Jakemans

Soothing Menthol
Throat & Chest
Cherry Mentol
Honey & Lemon

Pipers Crisps

Sea Salt 40g
Cheddar & Onion 40g & 150g
Salt & Vinegar 40g & 150g
Chorizo 40g
Black Pepper 40g
Wild Thyme & Rosemary 40g
Beef 40g & 150g
Jalepeno & Dill 40g
Sweet Chilli 40g

Big Bags Crisps - £1.45

Bacon Tasty 150g
Party Mix - Jalapeno & Sour Cream 125g
Party Mix - Salt & Vinegar
Onion Rings
Cheese Balls

Nuts £1

Nisha Salted Peanuts
Nisha Roasted Peanuts

Hider Nuts

Almond Kernels
Fruit & Nut Mix
Brazil Nuts
Walnut Halves
Milk Chocolate Peanuts
Cashew Nuts

Cereals

Country Products Berry Berry Muesli
£5.50 850g
Country Products Porridge Oats £4.40
850g
Deliciously Ella Bircher Muesli £4.75
500g
Weetabix £2.99
Kelloggs Cornflakes £2.99
Jordan's Country Crisp Strawberry £2.69

Biscuits

Grandma Wilds Ginger Crunchies
Grandma Wilds Fruit & Lemon
Crunchies
Grandma Wilds Chocolate Chip
Grandma Wild Giant Rhubarb Crumble
Grandma Wilds Stem Ginger & Lemon
Giant Cookie
Grandma Wilds Shortbread Biscuits
Grandma Wilds Double Choc Chip Giant
Cookies
McVites Digestives
McVites Rich Tea
McVites Milk Chocolate Digestives
McVites Hob Nobs
Broken Variety Biscuits (Red Bag)
Broken Jaffa Cakes (Blue Bag)
Broken Chocolate Biscuits (Purple Bag)

Cake

Grandma Wild Lemon Drizzle
Grandma Wild Stem Ginger
Grandma Wild Farmhouse

Cheeseboard

Nairns Cheese Oat Cakes £1.85
Nairns Oat Rough Cakes £1.45
Jacobs Cream Crackers £1.39
Carr's Selection Box £4.25

Mrs Darlingtons

Creamed Horseradish Sauce £2.10
Cranberry Sauce - £2.10
Tartare Sauce £2.10
French Mustard - £2.60
Bramley Apple Sauce £2.45
Mincemeat - £2.95
Pickled Onions £3.30

Slightly Different Sauces

Tikka Masala £3.95
Sweet & Sour £3.95

Tubs of Vinegar

5ltr Malt Vinegar
5ltr Distilled Malt Vinegar (White)
5ltr Non-Brewed Condiment
2.5ltr Distilled Malt (White)
2.5ltr Malt Vinegar

2.5ltr Malt Vinegar Spiced
2.5ltr Red Wine Vinegar
2.5ltr English Cider Vinegar

Christmas Lines

Grandma Wilds Various Tins £2.50 160g
Family Circle Biscuits 620g £5.99
Cheese Savouries £1.65
Pocklingtons Christmas Pudding

Bargain Box

Grandma Wilds Biscuit Tins

All now £2.50

Still remaining;
Christmas Pug
Gardener at Greenhouse
Robin with Postbox
Robin with telephone box
Triangular Christmas Tree



Peanut Butter 10p
(Out of Date November 2020)

Oyster Sauce 10p
(Out of Date August 2020)

Bird Feed

1.6kg Bird Seed
20kg Bird Seed
1.6kg Bird Nuts
20kg Bird Nuts
1kg Sunflower Hearts (Grey)
1kg Sunflower Seeds (Black)
1kg Nyjer Seed
400g Mealworms
1 x 6 Fat Balls
1 x 50 Fat Balls
Fat Feasts

Paper Products

1 x 4 Toilet Roll
1 x 4 Kitchen Roll
1 x 9 Toilet Roll
1 Individual Kitchen Roll
Kleenex Balsam £1.99

Disposables

Large Kitchen Foil £1.39
Small Kitchen Foil £1.00
Baking Parchment £1.49
Cling Film £1.00
Large Food Bags £1.00
Medium Food Bags £1.00
Black Bin Liners £1
Swing Bin Liners £1
Pedal Bin Liners £1

Heating!

Nets of Logs
£4 Potato Sack Sticks
Red Nets of Sticks
Small bag of Sticks
25kg House Coal
25kg Duel Coal
10kg House Coal
20kg Smokeless Briquettes
Firelighters 95p

Green Cuisine Herbs & Spices 75p

Barbeque Seasoning Mix
Basil
Bay Leaves
Bouquet Garni
Cajun Spices
Caraway Seed
Cardamon Ground
Cardamon Whole
Cayenne Pepper
Celery Salt
Celery Seed
Chervil
Chicken Seasoning
Chillies Crushed
Chillies Ground
Chillies Whole
Chinese Five Spice
Cinnamon Ground
Cinnamon Sticks
Cloves Ground
Cloves Whole
Coarse Sea Salt
Coriander Ground
Coriander Seed
Cumin Ground
Cumin Seed
Curry Powder Hot
Curry Leaves
Curry Powder Mild
Dill Leaves
Dill Seed
Fajita Seasoning
Fennel Seed
Fenugreek Ground
Fenugreek Leaves
Fenugreek Seed
Garam Masala
Garlic Chips
Garlic Salt
Ginger Ground
Herbs de Provence
Himalayan Rock Salt
Juniper Berries
Korma Mix
Lime Leaves
Marjoram
Mint

Mixed Herbs
Mixed Spice
Mustard Seed Black
Mustard Seed Yellow
Nutmeg Ground
Nutmeg Whole
Onion Seed
Oregano
Paprika
Paprika Smoked
Parsley
Pepper Coarse Ground Black
Pepper Cracked Black
Pepper Ground Black
Pepper Ground White
Peppercorns Black
Pickling Spice
Poppy Seeds
Rosemary
Sage
Sesame Seed
Star Anise
Tagine
Tarragon
Thyme
Tikka Masala
Turmeric