



## Product List Updated – 17<sup>th</sup> May 2021

As of the 18<sup>th</sup> May 2021 Shaw's Shop is open for you to visit  
Tuesday to Saturday – 9am to 4pm

We also operate a 'click and collect' service for £2: If you would like to place an order please email a list of your requirements to [teamshawfruitandveg@gmail.com](mailto:teamshawfruitandveg@gmail.com) and a member of the team will reply with the next available slot. This will usually be available within 48 hours. Alternatively, if you are self-isolating and unable to collect from the gate, we can arrange a delivery for you at £4. If you would like to know any produce prices, please call 01507 327 395 as we are buying fresh produce daily and prices do changes from day to day.

### Set Boxes

Available to order for collection or delivery. Please allow 48 hour's notice for orders.



**Shaw's Choice £30**  
**+£2 Collection or**  
**£4 Delivery**

A wide selection of vegetables,  
fruit and salad.



**Standard Box £20**  
**+£2 Collection or**  
**£4 Delivery**

Includes loaf of Pocklington's  
bread, 1 doz medium eggs,  
potatoes, vegetables, salad and  
fruit



**Salad and Fruit Box £20**  
**+£2 Collection or**  
**£4 Delivery**

Includes pack of six bread buns, eggs, salad  
potatoes and a selection of salad and fruit

# Produce Lists

## Old Crop Potatoes

2.5kg / 5kg / 12.5kg / 25kg

Potatoes - Marfona

Potatoes – Sagitta

## Potatoes Other

Potatoes - Baking Washed

Potatoes - Salad Washed

Potatoes – Sweet

Potatoes – New Majorcan

Potatoes – New Jersey Royal

Potatoes – New Cornish

## Vegetables

Asparagus

Aubergine

Baby Corn

Beetroot - Bunch

Broccoli - Calabrese

Broccoli – Sprouting

Butternut Squash

Cabbage (Spring)

Cabbage (Hispi Pointed)

Cabbage (Hard Red & White)

Cabbage Green (Portuguese Savoy)

Carrots - (Bunch)

Carrots - (Washed)

Cauliflower

Celeriac

Chillies (Green or Red)

Courgette - Green

Fennel

Fine Beans 150g

Garlic

Ginger

Kale

Lemongrass

Leeks

Parsnips

Pak Choi

Rhubarb Outdoor Local

Sugarsnap 150g

Swede

## Onions

Onions - Cooking

Onions - Red

Onions - Chile

Onions - Spring

Shallots – Round

Shallots - Banana

## Mushrooms

Mushroom - Chestnut

Mushroom - Flat

Mushroom - Portobello

Mushroom - White Cup

Mushrooms - Wild

## Salad

Avocado

Beetroot cooked (4)

Celery

Corn - Cooked (2)

Cucumber

Lettuce - Cos

Lettuce – Crisp

Lettuce - Iceberg

Lettuce - Flat

Lettuce - Little Gem (2)

Lettuce – Radicchio

Lettuce - Mixed Leaf Bag

Lettuce - Mixed Baby leaf

Peppers – R / Y / G / Or

Peppers – Sweet Red Long

Radish (pack of)

Rocket 100g

Salad Cress

Spinach - Baby leaf

Tomatoes (Cherry 250g pack)

Tomatoes (Cherry Vine Perfect)

Tomatoes (Std loose)

Tomatoes (Vine)

Tomatoes (Beef)

Tomatoes (Heritage)

Yorkshire Watercress

## Fruit

Banana

Apples - Bramley

Apples - Royal Gala

Apples - Pink Lady

Apples - Granny Smith

Apples - Golden Delicious

Apples - Braeburn

Apricots

Blueberries

Cherries - Spanish

Fresh Figs

Grapes Black / Red

Grapes Green

Grapefruit Ruby

Kiwifruit

Lemons

Limes

Mango

Melon – Honeydew

Melon – Galia or Cantaloupe

Melon – Water

Nectarines

Peaches

Pear (Conference)

Pineapples

Plums

Grapefruit (Ruby)

Orange - Medium

Orange – Large

Raspberries

Satsumas (Easy Peel)

Strawberries 500g Dutch

## Fresh Herbs

Basil - 25g Packet

Chives - 25g Packet

Coriander – Bunch

Dill – 25g Packet

Parsley - Curly Leaf - Bunch

Parsley - Flat leaf - Bunch

Rosemary - 25g Packet

Sage - 25g Packet

Thyme - 25g Packet

## Eggs

Free Range - Medium

Free Range - Large

Free Range - Extra Large

Standard - Medium

Standard – Large

Duck Eggs

## Dried Fruits

Medjoul Dates £9.00 kg

Persian Dates £2.35

Tray dates £0.60

## Nuts in Shell

Californian Walnuts £4.75kg

Brazil Nuts £12.50

Hazelnuts £8.80

Monkey Nuts £9.00

Mixed Nuts £9.00

## Bakery

Myers Plum bread

## Pocklington's

See a full selection available from Pocklington's on our Retail Collections & Home Delivery Page. Available for pre-order only.

## Shropshire Spice Mixes

Jambalaya

Goan Curry

Swahili Curry

Stroganoff

## Shropshire Spice Stuffing

Wholemeal Parsley, Thyme & Lemon

White Sage & Roast Onion

Bread Sauce

Wholemeal Sage & Roast Onion

## Sipton Mill Organic Flour

Sipton Mill White

Sipton Mill Three Malts & Sunflower

Sipton Mill White Spelt

Sipton Mill Wholemeal

Sipton Mill Seeded White

## Wessex Mill Flour

Wessex Mill Tomato & Garlic

Wessex Mill Six Seed (1.5kg)

Wessex Mill Self Raising (1.5kg)

Wessex Mill French Bread Flour (1.5kg)

Wessex Mill Plain Flour (1.5kg)

Wessex Mill Strong White Bread Flour

Wessex Mill Wholemeal Bread Flour

Wessex Mill Pasta & Pizza Flour

Allinson Easy Bake Yeast £1.49

## Kallo Stock Cubes £1.90

Organic Beef

Organic Chicken

Organic Vegetable

## Condiments

Colman's Mustard

Hellman's Mayo

Hellman's Light Mayo

Heinz Salad Cream

Heinz Ketchup

HP Sauce

Mary Berry Salad Dressing

Mary Berry Caesar Dressing

Sliced Beetroot

## Mr Organics

Passata £1.70

Chick Peas £1.30

Butter Beans £1.15

Chopped Tomatoes £1.15

Lentils £1.20

Red Kidney Beans £1.20

Pasta Sauce – Bolognese £2.50

Pasta Sauce – Arrabbiata £2.50

Pesto £3.85

Mr Organics Porcini Tortellini £4.30

Mr Organics Vegetable Tortellini £4.30

## Tiptree

Old Times Marmalade £3.10

No Peel Marmalade £2.65

Lemon Curd £2.95

Strawberry Conserve £3.25

Hot Gooseberry Chutney £2.50

## Slightly Different Sauces

Tikka Masala £3.95

## Mrs Darlingtons

Creamed Horseradish Sauce £2.10

Mint Sauce £2.10

Tartare Sauce £2.10

French Mustard - £2.60

Bramley Apple Sauce £2.45

Pickled Onions £3.30

## Saints & Sinners

Jams £3.65

Chutney £3.95

Jam - Victoria Plum Jam

Jam - Winter Spiced Plum

Jam – Raspberry & Gin

Jam – Blackberry & Elderflower

Jam – Champagne & Strawberry

Jam – Cherry & Kirsch

Tipsy St Clements Marmalade

Pink Gin Marmalade

Chutney - Tomato & Apple

Chutney - Apple, Date & Ginger

Chutney – Beetroot

Chutney – Piccalilli

Chutney – Spiced Apple Chutney

Cranberry Sauce £3.50

Redcurrant Jelly £3.25

Cider Wholegrain Mustard

## Cooking Ingredients

Aspall White Wine Vinegar £1.75

Aspall Red Wine Vinegar £1.75

Table Vinegar £1.29

Skidbrooke Cider Vinegar £1.35

Balsamic Vinegar £3.65

Maldon Sea Salt £2.95

Table Salt 59p

Rapeseed Oil 500ml - £4.50

Sunflower Oil ltr £1.89

Vegetable Oil - 1 ltr £1.69

Olive Branch Extra Virgin Olive Oil £7.45

Extra Virgin Olive Oil 250ml £2.49

Olive Oil 250ml £2.49

Goose Fat £3.25

Cornflour 90p

Beansprouts (Tins) £1.52

Blue Dragon Sweet Chilli Sauce £1.65

Colmans Parsley Sauce 75p

Colmans Cheddar Cheese Sauce 75p

Colmans White Sauce 75p

Colmans Chillli Con Carne 89p  
Colmans Beef Casserole 89p  
Shepherds Pie Mix 99p  
Pulled Pork Gourmet Sauce Mix £1.50  
Sharwoods Bean & Red Pepper Sauce  
Sharwoods Sweet & Sour Sauce  
Amy Light Soy Sauce £1.59  
Lea & Perrins £1.59  
Garlic Puree £1.25  
Garlic Paste £1.20  
Beef Atora £2.39  
Bisto Beef Granuals £1.69  
Bisto Chicken Granuals £1.69  
Beef Oxo Cubes £1.69  
Chicken Oxo Cubes £1.69  
Pearl Cous Cous £1.80  
Uncle Bens Long Grain Rice £1.55  
Spaghetti Pasta £1.40  
Fuselli Pasta £1.40

### **Baking**

Golden Syrup £1.49  
Demerara Sugar £1.00  
Granulated Sugar 1kg 99p  
Caster Sugar 1kg £1.99  
Light Brown Sugar 500g £1.39  
Icing Sugar £1.09  
Cad Drinking Chocolate £1.99

### **Tinned Products**

Heinz Baked Beans 95p  
Tins Marrowfat Peas 79p  
Garden Peas 99p  
Mushy Peas  
Green Giant Sweetcorn 340g 99p  
Green Giant Sweetcorn 165g 80p  
Heinz Mushroom Soup £1.09  
Heinz Chicken Soup £1.00  
Heinz Tomato Soup 95p  
Heinz Vegetable Soup £1.09  
Tuna in Oil £1.49  
Tuna in Brine £1.49  
Princes Corned Beef £3.19  
Princes Ham £1.79

### **Other**

Semi Skimmed Milk Long Life £1  
Local Honey £3.80  
Whole Earth Peanut Butter £4.00

### **Free & Easy Organic Tins**

Lentil & Red Pepper Soup NEW  
Carrot & Coconut £2  
Pea & Mint £2  
Butternut Squash & Ginger £2  
Broccoli & Kale £2  
Three Bean Chillli £2.40  
Sweet Potato, Coconut & Kale Curry £2.40

### **Mezze - All £1.25**

Green Olives – Pitted  
Green Olives- Stuffed with Pimento  
Black Olives - Pitted  
Roasted Red Peppers  
Sliced Jalapenos – Red  
Jalapeño & Olive Salad  
Sundried Tomatoes  
Whole Gherkins  
Capers

### **Maretti Bruschette**

Garlic £1  
Pesto £1

### **Cheeseboard & Picnic**

Nairns Cheese Oat Cakes £1.85  
Nairns Oat Rough Cakes £1.50  
Carr's Selection Box £4.25  
Jacobs Cream Crackers £1.39  
Nibble Sticks Quinoa & Rosemary £1.45  
Cheese Straws with Mediterranean Style Herbs £3.00  
Hummus with Herbs £1.60  
Classic Hummus £1.60

### **Sweet Store Cupboard**

Tins Ambrosia Custard £1.09  
Tins Ambrosia Rice Pudding £1.09  
Caramel Carnation  
Condensed Milk £1.99  
Evaporated Milk 410g £1.09  
Nestle Extra Thick Cream 99p  
Fruit Cocktail £1.69  
Pear Halves £1.49  
Pineapple Slices  
Birds Custard Powder £1.59  
Hartleys Jellies; Raspberry 79p  
Blancmange/Strawberry 35p

4 Meringue Nests £2.80  
6 Meringue Peaks £1.55

### **Alvingham Coffee 250g £4.50**

Ground Coffee  
Coffee Beans

### **Hot Drinks**

Yorkshire Tea £2.99  
PG Tips £2.65  
Peppermint £2.19  
Nescafe Coffee 230g £3.80  
Kenco Decaf 100g £3.79  
Unsweetened Cappuccino £2.50

### **Robinsons Cordials**

Summer Fruits £1.49  
Orange & Pineapple £1.49  
Apple & Blackcurrant £1.49  
Orange £1.65

### **Belvoir Fruit Farms Drinks**

Elderflower Presse £3.25  
Raspberry & Lemon £4.95  
Elderflower Cordial £4.95  
Blueberry & Blackcurrant cordial £4.95

### **Other Drink**

Cawston Press Squeezed Orange £3.20  
Fentimans Tonic Water £2.40  
2ltr Diet Lemonade Barr's £1  
2ltr Schwepps Lemonade £1.49  
330ml Cans Coke 65p

### **Hider Nuts**

Almond Kernels  
Fruit & Nut Mix  
Brazil Nuts  
Walnut Halves  
Milk Chocolate Peanuts  
Cashew Nuts Salted

### **Big Bags Crisps - £1.45**

Party Mix - Jalapeno & Sour Cream 125g  
Party Mix - Salt & Vinegar  
Cheese Balls

### **Pipers Crisps**

Sea Salt 150g  
Cheddar & Onion 40g & 150g  
Salt & Vinegar 40g & 150g  
Black Pepper 40g  
Wild Thyme & Rosemary 40g  
Beef 40g  
Jalapeno & Dill 40g  
Sweet Chilli 40g

### **Jakemans £1.40 100g**

Throat & Chest  
Soothing Menthol  
Cherry Mentol  
Honey & Lemon

### **£1 Bags of Sweets**

Liquorice Mix  
Chocolate Peanuts  
Chocolate Raisins  
Dolly Mix  
Wine Gums  
Midget Gems  
Fruit Pastilles  
Assorted Toffee  
Mint Imperials  
Jargonelle Pears  
Mint Humbugs £1.25  
Cinder Toffee £1.25

### **Treats**

Dairy Milk £1.00  
Dairy Milk Fruit & Nut £1.00  
Dairy Milk Chop Nut £1.00  
Dairy Milk Caramel £1.00  
Dairy Milk Medley £1.00  
Green & Blacks Milk Choc £2.35  
Green & Blacks Dark 80% £2.35  
Mars Bars 65p  
Twirls 60p  
Kit Kat Chunky 60p  
KitKat (4) 60p  
Freddo 25p  
Snickers 60p  
Bounty 60p  
Smarties 60p  
Mrs Crimbles Big Choc Macaroons

### **Cereals**

Country Products Porridge Oats £4.40  
850g  
Deliciously Ella Bircher Muesli

### **Cake**

Grandma Wild Lemon Drizzle  
Grandma Wild Stem Ginger  
Grandma Wild Farmhouse Fruitcake  
Grandma Wild Cherry Bakewell Cake

### **Biscuits**

Grandma Wilds Ginger Crunchies  
Grandma Wilds Fruit & Lemon  
Crunchies  
Grandma Wilds Chocolate Chip  
Grandma Wild Giant Rhubarb Crumble  
Grandma Wilds Shortbread Biscuits  
Grandma Wilds Double Choc Chip Giant  
Cookies  
Grandma Wilds Stem Ginger & Lemon  
McVites Digestives  
McVites Milk Chocolate Digestives  
McVites Chocolate Hob Nobs  
McVites Rich Tea  
Broken Variety Biscuits (Red Bag)  
Jaffa Cakes (Blue Bag)

### **Tubs of Vinegar**

5ltr Malt Vinegar  
5ltr Spiced Vinegar  
5ltr Distilled Malt Vinegar (White)  
5ltr Non-Brewed Condiment  
2.5ltr Distilled Malt (White)  
2.5ltr Malt Vinegar  
2.5ltr Malt Vinegar Spiced  
2.5ltr Red Wine Vinegar  
2.5ltr English Cider Vinegar

### **Bargain Basket**

Dr Pepper 330ml 20p  
(Out of Date Dec 2020)  
  
Onions Rings 50p  
(Out of Date End May 2021)  
  
Bacon Tasties 50p  
(Out of Date End May 2021)

### **Bird Feed**

1.6kg Bird Seed  
20kg Bird Seed  
1.6kg Bird Nuts  
20kg Bird Nuts  
1kg Sunflower Hearts (Grey)  
1kg Sunflower Seeds (Black)  
1kg Nyjer Seed  
1 x 6 Fat Balls  
1 x 50 Fat Balls  
Fat Feasts  
Coconut Halves

### **Paper Products**

1 x 4 Toilet Roll  
1 x 4 Kitchen Roll  
1 x 9 Toilet Roll  
1 Individual Kitchen Roll

### **Disposables**

Large Kitchen Foil £1.39  
Small Kitchen Foil £1.00  
Baking Parchment £1.49  
Cling Film £1.00  
Black Bin Liners £1  
Swing Bin Liners £1  
Pedal Bin Liners £1

### **Heating!**

Red Nets of Sticks  
Small bag of Sticks  
10kg Smokeless Briquettes  
20kg Smokeless Briquettes  
Firelighters 95p

## Green Cuisine Herbs & Spices 75p

Barbeque Seasoning Mix

Basil

Bay Leaves

Bouquet Garni

Cajun Spices

Caraway Seed

Cardamon Ground

Cardamon Whole

Cayenne Pepper

Celery Salt

Celery Seed

Chervil

Chicken Seasoning

Chillies Crushed

Chillies Ground

Chillies Whole

Chinese Five Spice

Cinnamon Ground

Cinnamon Sticks

Cloves Ground

Cloves Whole

Coarse Sea Salt

Coriander Ground

Coriander Seed

Cumin Ground

Cumin Seed

Curry Powder Hot

Curry Leaves

Curry Powder Mild

Dill Leaves

Dill Seed

Fajita Seasoning

Fennel Seed

Fenugreek Ground

Fenugreek Leaves

Fenugreek Seed

Garam Masala

Garlic Chips

Garlic Salt

Ginger Ground

Herbs de Provence

Himalayan Rock Salt

Juniper Berries

Korma Mix

Lime Leaves

Marjoram

Mint

Mixed Herbs

Mixed Spice

Mustard Seed Black

Mustard Seed Yellow

Nutmeg Ground

Nutmeg Whole

Onion Seed

Oregano

Paprika

Paprika Smoked

Parsley

Pepper Coarse Ground Black

Pepper Cracked Black

Pepper Ground Black

Pepper Ground White

Peppercorns Black

Pickling Spice

Poppy Seeds

Rosemary

Sage

Sesame Seed

Star Anise

Tagine

Tarragon

Thyme

Tikka Masala

Turmeric