



Product List Updated – 16th January 2021

We are currently operating an order and collect service. If you would like to place an order please email a list of your requirements to teamshawfruitandveg@gmail.com and a member of the team will reply with the next available slot. This will usually be available within 48 hours. Alternatively, if you are self-isolating and unable to collect from the gate, we can arrange a delivery for you. If you would like to know any prices, please call 01507 327 395 as we are buying fresh produce daily and prices do changes from day to day.

Set Box of the Month – January 2021

Available to order for collection or delivery. Please allow 48 notice for orders.

For January we have put together this hamper of fresh greens, cooking ingredients and fruit to give your 2021 a healthy start!

£30



Full contents include

6 Medium Eggs, 4 Jacket Potatoes, 750g Carrots, 500g Red Onions, 1 Broccoli, 2 Leeks, 1 Red Pepper, 1 Yellow Pepper, 250g Mushrooms, 2 Courgettes, 1 Butternut Squash, 1 bag Spinach, 2 Red Chillies, 1 Garlic, 1 Ginger, 1 PP Sugarsnaps, 1 PP Babycorn, 1 Pakchoi, 1 Iceberg, 4 Tomatoes, 1 Cucumber, 1 Celery, 2 Grapefruit, 1 Honeydew Melon, 4 Apples, 4 Pears, 4 Bananas, 4 Satsumas and 500g Grapes.

Wherever produce isn't available we will substitute items so that value of goods still the same.

Shaw's Set Boxes

Available to order for collection or delivery. Please allow 48 notice for orders.



Standard Box

Includes loaf of Pocklington's bread, 1 doz medium eggs, potatoes, vegetables, salad and fruit

£20.00



Salad and Fruit Box

Includes pack of six bread buns, eggs, salad potatoes and a selection of salad and fruit

£20.00

Stock of the Month



Grandma Wild's Embossed Tins 160g – **NOW HALF PRICE £2.50**

Stem Ginger and Lemon Biscuits
and **Chocolate Chip & Clotted Cream Shortbread Biscuits** made using the finest quality ingredients



McVities Family Circle 620g

A perennial favourite! An Assortment of **Plain, Cream, Chocolate and Jam Biscuits**

£5.99



Dried Fruits

Not just for Christmas

Medjoul Dates	£9.00 kg
Persian Dates	£2.35
Tray dates	£0.60
Dried Figs	£1.50

Produce Lists

Potatoes

2.5kg / 5kg / 12.5kg / 25kg

Potatoes - Baking Washed

Potatoes - Marfona

Potatoes - Melody

Potatoes - Maris Piper

Potatoes - Sagitta

Potatoes - Salad Washed

Potatoes - Sweet

Potatoes - Stemster (Reds)

Onions

Onions - Cooking

Onions - Red

Onions - Spanish

Onions - Spring

Shallots - Banana

Shallots – Round

Eggs

Free Range - Medium

Free Range - Large

Free Range - Extra Large

Standard - Medium

Standard – Large

Duck Eggs

Vegetables

Aubergine

Baby Corn

Beansprouts

Beetroot Raw Loose

Broccoli - Calabrese

Broccoli - Sprouting

Brussel Sprouts - loose & stalks

Butternut Squash

Cabbage (Hispi Pointed)

Cabbage (Red)

Cabbage (Savoy)

Cabbage (White)

Carrots - (Bunch)

Carrots - (Washed)

Carrots (Dirty)

Cauliflower

Celeriac

Chillies (Green)

Chillies (Red)

Chinese Leaf

Courgette

Fennel

Fine Beans 150g

Garlic

Ginger

Kale

Leeks

Mangetout 150g

Mushroom - Chestnut

Mushroom - Flat

Mushroom - Portabello

Mushroom - White Cup

Parsnips

Pak Choi

Sugarsnap 150g

Swede

Salad

Avocado

Beetroot cooked (4)

Celery

Corn - Cooked (2)

Cucumber

Lettuce - Crisp

Lettuce - Iceberg

Lettuce - Flat

Lettuce - Little Gem (2)

Lettuce - Mixed Leaf Bag

Lettuce - Mixed Baby leaf

Peppers (Green)

Peppers (Orange)

Peppers (Red)

Peppers (Yellow)

Radish (pack of)

Rocket 100g

Salad Cress

Spinach - Baby leaf 100g

Tomatoes (Cherry packed)

Tomatoes (Cherry Vine Perfect)

Tomatoes (Std loose)

Tomatoes (Vine)

Tomatoes (Beef)

Fruit

Banana

Apples - Bramley

Apples- Coxes (UK)

Apples - Royal Gala

Apples - Pink Lady

Apples - Granny Smith

Apples - Golden Delicious

Apples - Braeburn

Apples - Russet (UK)

Apples - Red Delicious

Blueberries

Grapes Black / Red

Grapes Green

Kiwifruit

Lemons

Limes

Melon - Honeydew

Pear (Conference)

Pineapples

Plums

Grapefruit (Ruby)

Grapefruit (Yellow)

Nadorcotts (Easy Peel)

Orange - Medium

Orange – Large

Orange – Seville Marmalade

Pomegranates

Raspberries

Strawberries

Fresh Herbs

Basil - 25g Packet

Chives - 25g Packet

Coriander - Bunch

Parsley - Curly Leaf - Bunch

Parsley - Flat leaf - Bunch

Rosemary - 25g Packet

Sage - 25g Packet

Thyme - 25g Packet

Pocklington's Bakery

See a full selection available from

Pocklington's on our Retail Collections & Home Delivery Page.

Shropshire Spice Mixes

Jambalaya
Goan Curry
Swahili Curry
Stroganoff

Flour

Shipton Mill White Organic
Shipton Mill Three Malts & Sunflower
Shipton Mill White Spelt
Marriages Malted Seeded Bread Flour
Wessex Mill Tomato & Garlic
Wessex Mill Six Seed (1.5kg)
Wessex Mill Self Raising (1.5kg)
Wessex Mill French Bread Flour (1.5kg)
Wessex Mill Plain Flour (1.5kg)
Wessex Mill Strong White Bread Flour
Wessex Mill Wholemeal Bread Flour
Wessex Mill Pasta & Pizza Flour
Allinson Easy Bake Yeast £1.49

Condiments

Colman's Mustard
Hellman's Mayo
Hellman's Light Mayo
Heinz Salad Cream
Heinz Ketchup
HP Sauce
Mary Berry Salad Dressing
Mary Berry Caesar Dressing
Greek Salad Dressing 250ml - £3.45
Sliced Beetroot

Mr Organics

Passata
Chick Peas
Butter Beans
Chopped Tomatoes
Lentils
Red Kidney Beans
Pasta Sauce - Bolognese
Pasta Sauce - Basil
Pasta Sauce - Arrabbiata
Pesto

Shropshire Spice Stuffing

Wholemeal Parsley, Thyme & Lemon
White English Sage & Roast Onion
Bread Sauce
Wholemeal Sage & Roast Onion

Saints & Sinners

Jam - Blackberry & Elderflower
Jam - Cherry & Kirsch
Jam – Christmas Strawberry,
Cranberry & Prosecco
Jam - Gooseberry
Jam - Victoria Plum Jam
Jam - Blackcurrant
Jam - Winter Spiced Plum
Jam - Raspberry & Gin
Scrumpy Marmalade
Topsy St Clements Marmalade
Chutney - Cheeseboard
Chutney - Onion
Chutney - Piccalilli
Chutney - Tomato & Apple
Chutney - Apple, Date & Ginger
Chutney - Boxing Day
Redcurrant Jelly
Cranberry Sauce

Tiptree

Old Times Marmalade
No Peel Marmalade
Lemon Curd
Strawberry Conserve
Hot Gooseberry Chutney

Kallo Stock Cubes £1.90

Organic Beef
Organic Chicken
Organic Vegetable

Cooking Ingredients

Aspall White Wine Vinegar
Aspall Red Wine Vinegar
Table Vinegar
Skidbrooke Cider Vinegar
Maldon Sea Salt
Table Salt
Rapeseed Oil 500ml - £4.50

Cooking Ingredients Continued....

Sunflower Oil 500ml & 1 ltr
Vegetable Oil - 1 ltr
Extra Virgin Olive Oil 250ml £2.49
Olive Oil 250ml £2.49
Goose Fat
Cornflour
Blue Dragon Coconut Milk
Blue Dragon Sweet Chilli Sauce
Colmans Parsley Sauce
Colmans Cheddar Cheese Sauce
Colmans Onion Sauce
Colmans Chilli Con Carne
Colmans Beef Casserole
Shepherds Pie Mix
Pulled Pork Gourmet Sauce Mix
Sharwoods Bean & Red Pepper Sauce
Sharwoods Sweet & Sour
Amoy Soy Sauce
Garlic Paste
Garlic Puree
Beef Atora
Paxo Stuffing
Bisto Beef Granuals
Bisto Chicken Granuals
Beef Oxo Cubes
Chicken Oxo Cubes
Pearl Cous Cous
Uncle Bens Basmati Rice
Uncle Bens Long Grain Rice
Spaghetti Pasta £1.40
Fuselli Pasta £1.40

Baking

Granulated Sugar
Caster Sugar 1kg
Demerara Sugar
Light Brown Sugar
Icing Sugar
Bournville Cocoa
Cad Drinking Chocolate
Baking Powder
Lemon Jif
Golden Syrup
Robertson Mincemeat

Tinned Products

Heinz Baked Beans
Tins Marrowfat Peas
Mushy Peas
Garden Peas
Green Giant Sweetcorn 285g & 165g
Heinz Mushroom Soup
Heinz Chicken Soup
Heinz Tomato Soup
Princes Corned Beef
Princes Ham
Fray Bentos Beef & Onion Pie
Tuna Chunks in Brine
Tuna Chunks in Sunflower Oil

Free & Easy Organic Tins

Carrot & Coconut £2
Pea & Mint £2
Butternut Squash & Ginger £2
Sweet Potato & Chia Seeds £2
Broccoli & Kale £2
Chickpea & Bean Tagine £2.30
Three Bean Chilli £2.30

Hot Drinks

Yorkshire Tea
PG Tips
Peppermint
Nescafe Coffee
Kenco Decaf
Nescafe Unsweetened Cappucino

Alvingham Coffee

Ground Coffee
Coffee Beans

Other Drink

Fentimans Tonic Water 500ml £2.29
Fentimans DNB 275ml £1.60
Diet Coke 500ml £1
Sparkling Water 500ml 65p
2ltr Irn Bru
1.75lt Coke
1.75lt Diet Coke
2ltr DNB
2ltr Lemonade Barr's

Robinsons Cordials

Summer Fruits
Orange & Pineapple
Apple & Blackcurrant
Orange

330ml Cans 65p

Coke
Diet Coke
Pepsi
Pepsi Max
Dr Pepper
Sprite

Belvoir Fruit Farms Drinks

Elderflower Presse £3.25
Raspberry & Lemon £4.95
Elderflower Cordial £4.95
Blueberry & Blackcurrant £4.95

Maretti Bruschette

Garlic £1
Pesto £1

Other

Semi Skimmed Milk Long Life £1
Local Honey £3.80

Mezze - All £1.25

Green Olives
Jalapeno & Olive Salad
Roasted Red Peppers
Sliced Jalapenos – Red or Green
Sundried Tomatoes
Mini Gherkins
Capers

Sweet Store Cupboard

Tins Ambrosia Custard
Tins Ambrosia Rice Pudding
Caramel Carnation
Condensed Milk
Evaporated Milk 170g & 410g
Nestle Extra Thick Cream
Fruit Cocktail
Pear Halves
Peach Halves
Strawberry Hartleys Jellies
Birds Custard Powder

£1 Bags of Sweets

Liquorice Mix
Chocolate Peanuts
Chocolate Raisins
Dolly Mix
Gummy Mix
Wine Gums
Midget Gems
Fruit Pastilles
Jelly Babies
Assorted Toffee
Mint Imperials
Jargonelle Pears

Naughty Corner

Dairy Milk £1.00
Dairy Milk Fruit & Nut £1.00
Dairy Milk Chop Nut £1.00
Dairy Milk Caramel £1.00
Dairy Milk Medley £1.00
Bournville 180g £2.29
Green & Blacks Dark 80% £2.45
Twirls 55p
Daim Bars 75p
Cadbury Dark Milk 75p
Snickers 65p
Smarties 2 for £1
Love Hearts 30p
Mars Bars 65p
Freddos 25p
Kit Kats 2 for £1
Terry Choc Orange Block £1
Milky Bars 25p
Bounty 60p
Milky Way 25p
Mini Marshmallow £2.75
Mrs Crimbles Big Choc Macaroons

Pipers Crisps 40g & 150g

Sea Salt 40g
Cheddar & Onion 40g & 150g
Salt & Vinegar 40g & 150g
Chorizo 40g
Black Pepper 40g
Wild Thyme & Rosemary 40g
Beef 40g & 150g
Jalepeno & Dill 40g & 150g
Tomato 150g
Sweet Chilli 40g

Big Bags Crisps - £1.45

Bacon Tasty 150g

Party Mix - Jalapeno & Sour Cream 125g

Party Mix - Salt & Vinegar

Onion Rings

Hider Nuts

Almond Kernels

Fruit & Nut Mix

Brazil Nuts

Walnut Halves

Milk Chocolate Peanuts

Cashew Nuts

Nuts in Shell

Californian Walnuts £4.75kg

Brazil Nuts £12.50

Hazelnuts £8.80

Monkey Nuts £9.00

Mixed Nuts £9.00

Cereals

Country Products Berry Berry Muesli
£5.50 850g

Country Products Porridge Oats £4.40
850g

Deliciously Ella Bircher Muesli £4.75
500g

Weetabix £2.99

Kelloggs Cornflakes £2.99

Jordan's Country Crisp Strawberry £2.69

Biscuits

Grandma Wilds Ginger Crunchies

Grandma Wilds Fruit & Lemon
Crunchies

Grandma Wilds Chocolate Chip

Grandma Wild Giant Rhubarb Crumble

Grandma Wilds Stem Ginger & Lemon
Giant Cookie

Grandma Wilds Shortbread Biscuits

Grandma Wilds Double Choc Chip Giant
Cookies

McVites Digestives

McVites Rich Tea

McVites Milk Chocolate Digestives

McVites Hob Nobs

Broken Variety Biscuits (Red Bag)

Broken Jaffa Cakes (Blue Bag)

Broken Chocolate Biscuits (Purple Bag)

Cake

Grandma Wild Lemon Drizzle

Grandma Wild Stem Ginger

Grandma Wild Farmhouse

Cheeseboard

Nairns Cheese Oat Cakes £1.85

Nairns Oat Rough Cakes £1.45

Jacobs Cream Crackers £1.39

Carr's Selection Box £4.25

Mrs Darlington's

Creamed Horseradish Sauce £2.10

Cranberry Sauce - £2.10

Tartare Sauce £2.10

French Mustard - £2.60

Bramley Apple Sauce £2.45

Mincemeat - £2.95

Pickled Onions £3.30

Slightly Different Sauces

Tikka Masala £3.95

Sweet & Sour £3.95

Tubs of Vinegar

5ltr Malt Vinegar

5ltr Distilled Malt Vinegar (White)

5ltr Non-Brewed Condiment

2.5ltr Distilled Malt (White)

2.5ltr Malt Vinegar

2.5ltr Malt Vinegar Spiced

2.5ltr Red Wine Vinegar

2.5ltr English Cider Vinegar

Christmas Lines

Grandma Wilds Various Tins £2.50 160g

Family Circle Biscuits 620g £5.99

Cheese Savouries £1.65

Christmas Log Dan Cake 75p

Pocklington's Christmas Pudding

Bargain Box

Peanut Butter 10p

(Out of Date November 2020)

Oyster Sauce 10p

(Out of Date August 2020)

Bird Feed

1.6kg Bird Seed

20kg Bird Seed

1.6kg Bird Nuts

20kg Bird Nuts

1kg Sunflower Hearts (Grey)

1kg Sunflower Seeds (Black)

1kg Nyjer Seed

400g Mealworms

1 x 6 Fat Balls

1 x 50 Fat Balls

Paper Products

1 x 4 Toilet Roll

1 x 4 Kitchen Roll

1 x 9 Toilet Roll

1 Individual Kitchen Roll

Kleenex Balsam £1.99

Disposables

Large Kitchen Foil £1.39

Small Kitchen Foil £1.00

Baking Parchment £1.49

Cling Film £1.00

Large Food Bags £1.00

Medium Food Bags £1.00

Black Bin Liners £1

Swing Bin Liners £1

Pedal Bin Liners £1

Heating!

Nets of Logs

£4 Potato Sack Sticks

Red Nets of Sticks

Small bag of Sticks

25kg House Coal

25kg Duel Coal

10kg House Coal

20kg Smokeless Briquettes

Firelighters 95p

Green Cuisine Herbs & Spices

Barbeque Seasoning Mix

Basil

Bay Leaves

Bouquet Garni

Cajun Spices

Caraway Seed

Cardamon Ground

Cardamon Whole

Cayenne Pepper

Celery Salt

Celery Seed

Chicken Seasoning

Chillies Crushed

Chillies Ground

Chillies Whole

Chinese Five Spice

Cinnamon Ground

Cinnamon Sticks

Cloes Ground

Cloves Whole

Coarse Sea Salt

Coriander Ground

Coriander Seed

Cumin Ground

Cumin Seed

Curry Powder Hot

Curry Leaves

Curry Powder Mild

Dill Leaves

Dill Seed

Fajita Seasoning

Fennel Seed

Fenugreek Groun

Fenugreek Leaves

Fenugreek Seed

Garam Masala

Garlic Chips

Garlic Salt

Ginger Ground

Herbs de Provence

Himalayan Rock Salt

Juniper Berries

Korma Mix

Lime Leaves

Marjoram

Mint

Mixed Herbs

Mixed Spice

Mustard Seed Black

Mustard Seed Yellow

Nutmeg Ground

Nutmeg Whole

Oregano

Paprika

Paprika Smoked

Parsley

Pepper Coarse Ground Black

Pepper Cracked Black

Pepper Ground Black

Pepper Ground White

Peppercorns Black

Pickling Spice

Poppy Seeds

Rosemary

Sage

Sesame Seed

Star Anise

Tagine

Tarragon

Thyme

Tikka Masala

Turmeric