

POTATOES
Potatoes - Baking Washed
Potatoes - Marfona
Potatoes - Melody
Potatoes - Maris Piper
Potatoes - Sagitta
Potatoes - Mozart (Red)
Potatoes - Salad Washed
Potatoes - Sweet
Potatoes - Desiree (Reds)
Potatoes - Stemster (Reds)
ONIONS
Onions - Cooking
Onions - Red
Onions - Pickling
Onions - Spanish
Onions - Spring
Shallots - Banana
Shallots - Round
EGGS
Free Range - Medium
Free Range - Large
Free Range - Extra Large
Standard - Medium Eggs
Standard - Large Eggs
Standard - Large Eggs
FRESH HERBS
Basil - 25g Packet
Chives - 25g Packet
Coriander - Bunch
Parsley - Curly Leaf - Bunch
Parsley - Flat leaf - Bunch
Rosemary - 25g Packet
Sage - 25g Packet
Thyme - 25g Packet

Flour
Shipton Mill Three Malts & Sunflower (1kg)
Shipton Mill Wholemeal (1kg)
Shipton Mill Light Rye (1kg)
Shipton Mill White Spelt (1kg)
Wessex Mill Tomato & Garlic
Wessex Mill Six Seed (1.5kg)
Wessex Mill Self Raising (1.5kg)
Wessex Mill French Bread Flour (1.5kg)
Wessex Mill Plain Flour (1.5kg)
Wessex Mill Strong White Bread Flour
Wessex Mill Wholemeal Bread Flour
Wessex Mill Pasta & Pizza Flour
Marriages Strong Malted Seeded
Allinson Easy Bake Yeast £1.49

VEGETABLES
Aubergine
BabyCorn
Beetroot Raw Loose
Broccoli Calabrese
Broccoli - Sprouting
Brussel Sprouts - loose & stalks
Butternut Squash
Cabbage (Primo)
Cabbage (Red)
Cabbage (Savoy)
Cabbage (White)
Carrots - (Bunch)
Carrots - (washed)
Carrots (Dirty)
Cauliflower
Celeriac
Chillies (Green)
Chillies (Red)
Courgette
Fennel
Fine Beans
Garlic
Ginger
Jerusalem Artichokes
Kale
Leeks
Mangetout
Mushroom - Chestnut
Mushroom - Flat
Mushroom - Portabello
Mushroom - White Cup
Parsnips
Sugarsnap
Swede
Turnips

Mr Organics
Passatta
Chick Peas
Butter Beans
Chopped Tomatoes
Lentils
Red Kidney Beans
Pasta Sauce - Bolognese
Pasta Sauce - Basil
Pasta Sauce - Arrabbiata
Pesto
Organic Gnocchi

Kallo Stock Cubes £1.90
Organic Beef
Organic Chicken
Organic Vegetable

SALAD
Avocado
Beetroot cooked (4)
Celery
Corn - cooked (2)
Cucumber
Lettuce - Crisp
Lettuce - Iceberg
Lettuce - Flat
Lettuce - Little Gem (2)
Lettuce - Mixed Leaf Bag
Lettuce - Mixed Baby leaf
Peppers (Green)
Peppers (Orange)
Peppers (Red)
Peppers (Yellow)
Radish (pack of)
Rocket
Salad Cress
Spinach - Baby leaf
Tomatoes (Cherry packed)
Tomatoes (Cherry Vine Perfect)
Tomatoes (Std loose)
Tomatoes (Vine)
Tomatoes (Beef)

POCKLINGTONS BAKERY
Large & Small White loaf sliced
Large & Small Farmhouse Sliced
Large & Small Wholemeal Sliced
Large & Small Multi Sliced
Large & Small Tiger Loaf
Lge & Sm Floured Bloomer
Spelt & Honey Loaf
1 x 6 White Rolls
1 x 6 Brown Rolls
1 x 6 Multi Rolls
1 x 4 Tiger Buns
1 x 4 Cheese Topped Baps
1 Luxury Plumbread
1 x 4 Teacakes
1 x 4 Hot Cross Brioche
1 x 4 Jam Tarts
1 x 4 Lemon Tarts
1 x 4 Almond Tarts
1 x Iced Fingers
1 x 4 Luxury Mince Pies
1 x 4 Viennese Mince Pies
1 x 4 Traditional Mince Pies
Iced Christmas Slab Cake

Alvingham Coffee
Ground Coffee
Coffee Beans

FRUIT
Banana
Apples - Bramley
Apples- Coxes (UK)
Apples - Royal Gala
Apples - Pink Lady
Apples - Granny Smith
Apples - Golden Delicious
Apples - Braeburn
Apples - Robin (UK)
Apples - Jonagold (UK)
Blueberries
Clementines
Grapes Black / Red
Grapes Green
Kiwis
Lemons
Limes
Melon - Honeydew
Pear (conference)
Pineapples
Plums
Grapefruit (Ruby)
Grapefruit (Yellow)
Orange - Satsumas
Orange - Medium
Orange - Large
Pomegranates
Raspberries

Hard Nuts
Almond Kernal
No3 Fruit & Nut Mix
Brazil Nuts
Walnut Halves
Plain Whole Cashews
Milk Chocolate Peanuts

Dried Fruit
Dried Figs
Medjoul Dates
Persian Dates
Tray Dates
Dried Apricots

Mezzo - All £1.25
Black Olives
Green Olives
Jalapeno & Olive Salad
Roasted Red Peppers
Cherry Peppers
Sliced Jalapenos
Sundried Tomatoes

SET BOXES
Available to order for collection or delivery. Please allow 48 notice for orders.
£20 SHAW'S STANDARD BOX - includes loaf of pocklington's bread, med eggs, potatoes, vegetables, salad and fruit
£20 SHAW'S SALAD & FRUIT BOX - Includes pack of six bread buns, eggs, salad potatoes, selection of salad and fruit
£20 SHAW'S FRUIT SELECTION - selection of seasonal fruits
£20 SHAW'S FRUIT, SALAD & VEG BOX

We are currently operating an order and collect service. If you would like to place an order please email a list of your requirements to teamshawfruitandveg@gmail.com and a member of the team will reply with the next available slot. This will usually be available within 48 hours. Alternatively if you are self isolating and unable to collect from the gate we can arrange a delivery for you.

If you would like to know any prices please call 01507 327 395 as we are buying fresh produce daily and prices do changes from day to day.



Bird Feed
1.6kg Bird Seed
20kg Bird Seed
1.6kg Bird Nuts
20kg Bird Nuts
1kg Sunflower Hearts (Grey)
1kg Sunflower Seeds (Black)
1kg Nyjer Seed
1 x 6 Fat Balls
1 x 50 Fat Balls

Paper Products
1 x 9 Toilet Roll
1 x 4 Toilet Roll
1 x 4 Kitchen Roll
1 Individual Kitchen Roll

Biscuits
Grandma Wilds Ginger Crunchies
Grandma Wilds Fruit & Lemon Crunchies
Grandma Wilds Chocolate Chip
Grandma Wild Giant Rhubarb Crumble
Grandma Wilds Stem Ginger & Lemon Giant Cookie
Grandma Wilds Shortbread Biscuits
Grandma Wilds Double Chip Chip Giant Cookies
McVites Digestives
McVites Rich Tea
McVites Milk Chocolate Digestives
McVites Hob Nobs
Broken Variety Biscuits (Red Bag)
Broken Jaffa Cakes (Blue Bag)
Broken Chocolate Biscuits (Purple Bag)

Saints & Sinners
Jam - Blackberry & Elderflower
Jam - Cherry & Kirsch
Jam - Christmas Strawberry, Cranberry & Prosecco
Jam - Strawberry & Pimms
Jam - Greengage
Jam - Gooseberry
Jam - Victoria Plum Jam
Jam - Blackcurrant
Jam - Apricot, Almond & Amaretto
Jam - Winter Spiced Plum
Jam - Raspberry & Gin
Scrumpy Marmalade
Tipsy St Clements Marmalade
Chutney - Cheeseboard
Chutney - Onion
Chutney - Piccalilli
Chutney - Tomato & Apple
Chutney - Apple, Date & Ginger Chutney
Chutney - Smokey Red Pepper
Chutney - Ploughmans Pickle
Chutney - Boxing Day
Chutney - Winter Spiced Beetroot
Redcurrant Jelly
Cranberry Sauce
£12 Christmas Presentation Jam, Chutney & Marmalade

Shropshire Spice Co Stuffings
Wholemeal Parsley, Thyme & Lemon
White English Sage & Roast Onion
Bread Sauce
Wholemeal Sage & Roast Onion

Condiments
Colmans Mustard
Hellmans Mayo
Hellmans Light Mayo
Heinz Salad Cream
Heinz Ketchup
HP Sauce
Mary Berry Salad Dressing
Mary Berry Caesar Dressing
Greek Salad Dressing 250ml - £3.45
Sliced Beetroot
Pickled Onions

Tiptree
Old Times Marmalade
No Peel Marmalade
Passionfruit Curd
Lemon Curd
Strawberry Conserve
Hot Gooseberry Chutney

Cooking Ingredients
Aspall White Wine Vinegar
Aspall Red Wine Vinegar
Table Vinegar
Skidbrooke Cider Vinegar
Maldon Sea Salt
Table Salt
Rapeseed Oil 500ml - £4.50
Sunflower Oil 500ml & 1 ltr
Vegetable Oil - 1 ltr
Extra Virgin Olive Oil 250ml £2.49
Olive Oil 250ml £2.49
Goose Fat
Cornflour
Tomato Puree
Blue Dragon Coconut Milk
Blue Dragon Sweet Chilli Sauce
Colmans Parsley Sauce
Colmans Cheddar Cheese Sauce
Colmans Onion Sauce
Colmans Chilli Con Carne
Colmans Beef Casserole
Shepherds Pie Mix
Pulled Pork Gourmet Sauce Mix
Shanwoods Bean & Red Pepper Sauce
Shanwoods Sweet & Sour
Amoy Soy Sauce
Garlic Paste
Garlic Puree
Beef Alora
Paxo Stuffing
Bisto Beef Granuals
Bisto Chicken Granuals
Beef Oxo Cubes
Chicken Oxo Cubes
Pearl Cous Cous
Uncle Bens Basmati Rice
Uncle Bens Long Grain Rice
Spaghetti Pasta £1.40
Fuselli Pasta £1.40

Tinned Products
Heinz Baked Beans
Tins Mushy Peas
Tins Marrowfat Peas
Garden Peas
Green Giant Sweetcorn
Heinz Mushroom Soup
Heinz Vegetable Soup
Heinz Cream of Tomato
Heinz Cream of Chicken
Baxters Chicken Broth
Cup a Soups
Princes Corned Beef
Princes Ham
Fray Bentos Beef & Onion Pie
Tuna Chunks in Brine
Tuna Chunks in Sunflower Oil

Baking
Granulated Sugar
Caster Sugar 500g £1.15
Demerara
Bourvonne Cocoa
Cad Drinking Chocolate
Baking Powder
Lemon Jif
Golden Syrup
Icing Sugar
Robertson Mincemeat

Sweet Store Cupboard
1 x 4 Meringue Nests
Tins Ambrosia Custard
Tins Ambrosia Rice Pudding
Caramel Carnation
Evaporated Milk
Condensed Milk
Nestle Extra Thick Cream
Pineapple Slices
Fruit Cocktail
Pear Halves
Peach Halves
Mixed Hartleys Jellies
Birds Custard Powder

Naughty Corner
Dairy Milk £1.00
Dairy Milk Fruit & Nut £1.00
Dairy Milk Chop Nut £1.00
Dairy Milk Caramel £1.00
Dairy Milk Medley £1.00
Bournville 180g £2.29
Green & Blacks Dark £2.45
Twirls 55p
Daim Bars 75p
Cadbury Dark Milk 75p
Snickers 65p
Smarties 2 for £1
Love Hearts 30p
Mars Bars 65p
Freddos 25p
KitKats 2 for £1
Terry Choc Orange Block £1
Milky Bars 25p
Crunchies 60p
Bounty 60p
Milky Way 25p
Mini Marshmallow £2.75
Mrs Crimbles Big Choc Macaroons

Free & Easy Organic Tins
Tomato £2
Carrot & Coconut £2
Pea & Mint £2
Butternut Squash & Ginger £2
Sweet Potato & Chia Seeds £2
Broccoli & Kale £2
Chickpea & Bean Tagine £2.30
Three Bean Chilli £2.30

Pipers Crisps 40g & 150g
Sea Salt
Cheddar & Onion
Salt & Vinegar
Chorizo
Sweet Chilli
Black Pepper
Wild Thyme & Rosemary

Big Bags Crisps - £1.45
Bacon Tasty 150g
Cheese Balls 150g
Party Mix - Jalapeno & Sour Cream 125g
Party Mix - Salt & Vinegar
Onion Rings
Pommes £1.29

Maretti Bruschette
Garlic
Pesto

Shropshire Spice Mixes
Jambalaya
Goan Curry
Swahili Curry
Stroganoff

Hot Drinks
Yorkshire Tea
PG Tips
Peppermint
Nescafe Coffee
Kenco Decaf

Heating!
Nets of Logs
Red Nets of Sticks
Small bag of Sticks
10kg House Coal
20kg House Coal
25kg House Coal
10kg Smokeless Coal

Compost
75ltr Tub & Basket
40ltr Multipurpose
40 ltr Ericaceous

Jakemans - Honey & Lemon
Jakemans - Blackcurrent
Jakemans - Cherry
Jakemans - Throat & Chest

Other
Semi Skimmed Milk Long Life
Local Honey £3.80

Maynard House Juices
Apple & Raspberry
Cox & Bramley

Belvoir Fruit Farms Drinks
Elderflower Cordial £4.90
Elderflower Presse £3.25
Raspberry & Lemon £4.90

Other Drinks
2 ltr Lemonade
2ltr Diet Lemonade
2ltr Irn Bru
1.75lt Coke
1.75lt Diet Coke
2ltr DNB

Robinsons Cordials
Summer Fruits
Orange & Pineapple
Apple & Blackcurrant

Cereals
Country Products Berry Berry Muesli £5.50 850g
Country Products Porridge Oats £4.40 850g
Deliciously Ella Bircher Muesli £4.75 500g
Weetabix £2.99
Kelloggs Cornflakes £2.99
Jordan's Country Crisp Strawberry £2.69

Mrs Darlington's
Creamed Horseradish Sauce £2.10
Cranberry Sauce - £2.10
Tartare Sauce £2.10
French Mustard - £2.60
Mincemeat - £2.95

Christmas Lines
Grandma Wilds Festive Gingerbread Shapes £2.65 175g
Grandma Wilds Christmas Pudding Biscuits £2.65 200g
Grandma Wilds Rudolph Tin £5.50 160g
Pipers Christmas Selection Box £6.25
Family Circle Biscuits 620g £5.99
Jacobs Biscuits for Cheese 450g £4.49
Carr's Selection Box £4.65
Cheese Savouries £1.65

Slightly Different Sauces
Tikka Masala
Sweet & Sour

Cheeseboard
Naim's Cheese Oat Cakes
Jacobs Cream Crackers
Krackenwheat
Jacobs Biscuits for Cheese 450g £4.49
Carr's Selection Box £4.65
Also See Chutney Selection from Saints & Sinners