



ALL LINES AND PRICES ARE SUBJECT TO SEASONALITY AND AVAILABILITY

VEGETABLES

VEGETABLES	PACKED
POTATOES – MARFONA (BOILING & MASH)	25KG
POTATOES –M.BARD (CHIPPING)	25KG
POTATOES – BABY WASHED	10KG
POTATOES – JACKETS (MED)	15KG / 50 APPROX
POTATOES – JACKETS (LGE)	15KG / 40 APPROX
CARROTS – WASHED LOOSE	10KG
CARROTS – BUNCHED	EACH
BEETROOT - BUNCH	EACH
SWEDE	KG
PARSNIPS – WASHED	KG
ENGLISH ONIONS COOKING (MED)	KG
ONIONS CHILE	KG
ONIONS RED	KG
SHALLOTS - ROUND	KG
SHALLOTS - BANANA	KG
LEEKS	KG
CABBAGE - SPRING	EACH
CABBAGE – POINTED	EACH
CABBAGE PRIMO	EACH
CABBAGE – WHITE DUTCH	KG
CABBAGE –RED	KG
CAULIFLOWER	EACH
BROCCOLI	KG
ASPARAGUS	BUNCH
SWEET POTATO	KG
BUTTERNUT SQUASH	KG
COURGETTES	KG
AUBERGINE	KG
CELERIAC	EACH
FENNEL	KG
FRENCH BEANS	PP 150G
MANGE TOUTE	PP 150G
SUGARSNAP	PP 150G
BABYCORN	PP

SALAD

SALAD	PACK SIZE
LETTUCE – ICEBERG SIZE 10'S	EACH
LETTUCE – FLAT	EACH
LETTUCE – CRISP	EACH
LETTUCE – LOLLO ROSSO	EACH
LETTUCE – RADISHIO	EACH
LETTUCE – ENDIVE	EACH
LETTUCE – LITTLE GEM (2 pack)	EACH
LETTUCE – MIXED LEAFY BAGS	110GM
LETTUCE – MIXED LEAFY BAGS	500GMS
LEAVES – ROCKET	500GM
LEAVES – RED CHARD	500GM
LEAVES – BABY LEAF / BISTRO MIX	500GM
LEAVES – ROCKET	100GM
LEAVES - SPINACH	250GM
CUCUMBERS	EACH
TOMATOES	KG
TOMATOES – VINE	KG
TOMATOES – CHERRY VINE	KG
TOMATOES – CHERRY PP	EACH
RADISH – PP	PACK
SPRING ONIONS	EACH
AVOCADO	EACH
PEPPERS – RED DUTCH	KG
PEPPERS – GREEN DUTCH	KG
PEPPERS – YELLOW DUTCH	KG
PEPPERS – ORANGE DUTCH	KG
CRESS – MUSTARD	PUNNET
CRESS – WATER	BUNCH
CELERY (16s)	EACH
PP BEETROOT (COOKED)	EACH
PP CORN ON THE COB (COOKED)	EACH
MUSHROOMS CUP	2.5KG
MUSHROOMS FLAT	1.81KG
MUSHROOMS WILD	6PP



HERBS & SPICES

HERBS & FRESH SPICES	PACK SIZE
CORIANDER – BUNCH	BUNCH
FLAT PARSLEY – BUNCH	BUNCH
CURLY PARSLEY – BUNCH	BUNCH
RED CHILLIES	KG
GREEN CHILLIES	KG
ROSEMARY –PP	50G
TARRAGON – PP	50G
SAGE –PP	50G
BASIL – PP	50G
THYME – PP	50G
DILL – PP	50G
MINT – PP	50G
CHIVES – PP	50G
CHERVIL -PP	50G
LEMON GRASS	BUNCH
GARLIC	KG
GINGER	KG



FRUIT

FRUIT	PACK SIZE
APPLES – BRAEBURN	KG
APPLES – ROYAL GALA	KG
APPLES – GRANNY SMITHS	KG
APPLES – GOLDEN DEL (RSA)	KG
APPLES – PINK LADY	KG
APPLES – BRAMLEY COOKING APPLES	KG
BANANAS	KG
PEARS – CONFERENCE	KG
PLUMS VICTORIA	KG
ORANGES – MEDIUM	EACH
ORANGES – LARGE	EACH
SATSUMAS	EACH
LEMONS	EACH
LIMES	EACH
GRAPEFRUIT	EACH
RUBY GRAPEFRUIT	EACH
PINEAPPLES	EACH
KIWIFRUIT	EACH
MELONS – HONEY DEW SIZE 8'S	EACH
MELONS – CANTELOPE	EACH
MELONS – GALIA	EACH
MELONS – WATER 8'S	EACH
GRAPES GREEN	KG
GRAPES RED	KG
FRESH FIGS	EACH
SOFT FRUITS AS AVAILABLE	
STRAWBERRIES 500G	500G
RASPBERRIES 125G	125G
BLUEBERRIES 125G	125G
BLACKBERRIES	



EGGS

EGGS	PACK SIZE
MEDIUM PRE PACKED	DOZEN
LARGE PRE PACKED	DOZEN
MEDIUM ON TRAY	15 DOZEN
MEDIUM FREE RANGE ON TRAY	15 DOZEN
MEDIUM FREE RANGE	DOZEN
LARGE FREE RANGE	DOZEN



DRIED HERBS & SPICES – GREEN CUISINE 70P

GROUND ALLSPICE	FENNEL SEEDS
BASIL	CHINESE 5 SPICE
BAYLEAVES	MIXED HERBS
BOUQUET GARNI	MIXED SPICE
CARAWAY SEEDS	YELLOW MUSTARD SEEDS
WHOLE CARDAMON	BLACK MUSTARD SEEDS
CELERY SALT	WHOLE NUTMEG
CHICKEN SEASONING	OREGANO
GROUND CHILLIES	PAPRIKA
CRUSHED CHILLIES	SMOKED PAPRIKA
WHOLE CHILLIES	PARSLEY
GROUND CINNAMON	GROUND WHITE PEPPER
CINNAMON STICKS	GROUND BLACK PEPPER
WHOLE CLOVES	BLACK PEPPERCORNS
GROUND CORIANDER	COARSE SEASALT
CORIANDER SEEDS	CAYENNE PEPPER
GROUND CUMIN	HIMALAYAN ROCK SALT
CURRY LEAVES	PICKLING SPICE
MILD CURRY POWDER	POPPY SEED
HOT CURRY POWDER	ROSEMARY
DILL LEAVES	SAGE
GROUND FENUGREEK	SESAME SEED
GARAM MASALA	STAR ANISE
GARLIC CHIPS	TARRAGON
GROUND GINGER	THYME
JUNIPER BERRIES	TURMERIC
KORMA MIX	ONE VANILLA POD
LIME LEAVES	
MARJORAM	